

### **SEPTEMBER 2023**

## BULLETIN FOR HEALTH AND WELLBEING PRESCRIPTIONS FOR MINOR CONDITIONS



#### THIS ISSUE

#### PRESCRIPTIONS FOR MINOR CONDITIONS: WHAT CAN YOURPHARMACIST PRESCRIBE?

#### **CANADA DENTAL BENEFIT**

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References: https://www.uniprix.com/en/services/prescriptionservices/minor-conditions https://www.canada.ca/en/revenue-agency/services/childfamily-benefits/dental-benefit.html Did you know that your pharmacist can prescribe certain medications for short-term treatments of temporary or new conditions? Your pharmacist can prescribe some medications on the spot for minor health conditions if your personal situation requires it. For example, you can obtain prescription in the following cases:

- Emergency oral contraception
- Gastric reflux and upset stomach
- Hormonal contraception
- Lice
- Lyme disease after a tick bite
- Nausea and vomiting
- Vitamin supplements and folic acid for pregnant women
- Shingles
- Smoking cessation
- Traveler's diarrhea, malaria and altitude sickness.
- And more!



# CANADA DENTAL BENEFIT

The interim Canada Dental Benefit is intended to help lower dental costs for eligible families earning less than \$90,000 per year. Parents and guardians may be eligible if they pay for dental care for a child under 12 years old who does not have access to a private dental insurance plan.

Depending on your adjusted family net income, a tax-free payment of \$260, \$390, or \$650 is available for each eligible child. You can apply for a maximum of 2 payments per child.

Applications are open until June 30, 2024 for:

- dental care received between July 1, 2023 and June 30, 2024
- · one additional payment if you meet the criteria

For more information on eligibility and the application process visit <u>Canada Dental Benefit - Canada.ca</u>



### Activity Corner



Always check with your physician before starting any new activities. This bulletin should never be used as a substitute for seeing a doctor. If you are concerned about a possible medical condition, please consult your physician.