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BULLETIN FOR HEALTH AND WELLBEING

AIRE OUVERTE



THIS ISSUE

AIRE OUVERTE

BECOMING A FOSTER PARENT

NEXTISSUE

ALZHEIMER'S SOCIETY QUEBEC

MEMORY CLINIC

Reference:

https://www.cisss-gaspesie.gouv.qc.ca/soins-etservices/aide-financiere-pour-le-deplacement-des-usagers/ https://aceq.org/jai-besoin-daide/hebergement/admissiona-lhotellerie-omer-brazeau/ Aire Ouverte provides services to individuals 12 to 25 years old. Services include, mental health and addictions supports, sexual health, adjustment difficulties, housing and supports for various forms of violence and training & employment supports. Aire Ouverte also aids with financial issues such as budgeting. Services are confidential and available in English.

Aire Ouverte has a team of social workers, nurses and special educators to help you!

Aire Ouverte can be reached by phone or text at 581-887-5725, by email at <u>aireouvertecg.cisssgaspesie@ssss.gouv.qc.ca</u> or in person at 144 Gaspé Blvd. in Gaspé (across from Kegas BMR).

When you should contact Aire Ouverte:

- You are preoccupied with certain thoughts and resentments or behaviours
- You have questions about your lifestyle habits, sexuality or any type of suffering.
- Are experiencing family conflict, violence in a romantic relationship, unwanted pregnancy, school failure or bullying.
- You are questioning their sexual and gender identity or your alcohol/ drug use.
- You are needing health care or testing.
- You are worrying about your future.

A I R E O U V E R

BECOMING A FOSTER PARENT:

Who can become a foster parent:

- · A person living alone
- A couple
- A family

Who are the children who need you:

- · Children 0-17 years old
- They have parents who are incapacitated or unable to care for them temporarily or permanently.
- They may have behavioural difficulties, intellectual or physical disabilities, academic delays or other difficulties due to the difficulties they have experienced.
- They are French, English or allophone. They may be from a different social culture and practice a different religion than you.



There are children in our community who need you!

Every year the CISSS provides information sessions for people who are interested in fostering. In order to obtain more information please contact the CISSS at <u>recrutement.famille.CISSSGASPESIE@ssss.gouv.qc.ca</u> or by phone at 1-833-368-2498.

