

JANUARY 2023

BULLETIN FOR HEALTH AND WELLBEING

ALZHEIMER'S SOCIETY QUEBEC



THIS ISSUE

ALZHEIMER'S SOCIETY QUEBEC

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NEXTISSUE

ADDICTIONS ISSUES AND RESOURCES

HEALTH BOOKLET

Reference

https://alzheimer.ca/federationquebecoise/en/alzheimerso cieties https://www.cisss-gaspesie.gouv.qc.ca/soins-etservices/personnes-ainees-et-en-pertedautonomie/clinique-de-la-memoire/ The Alzheimer's Society helps provide supports such as counselling and services for people living with dementia as well as their caregivers. Supports are provided as soon as diagnosis has been made in order to assist in living a better life with this disease. Support offered includes:

- Information
- Consultations and follow up
- Support groups
- Education
- Respite opportunities

Services for people living with dementia include:

- Consultations
- · Advice on how to live better with this disease
- Support groups
- Stimulation activities

To contact our local Alzheimer's Society please contact:

Gaspésie-Îles-de-la-Madeleine

114 avenue Louisbourg

Bonaventure, Québec GOC 1E0

(418) 534-1313

info@sagim.ca

MEMORY CLINIC

The Rocher-Percé Memory Clinic is an outpatient clinic specializing in the identification, evaluation and treatment of Alzheimer's disease and related cognitive disorders.

The Clinic offers specialized assessment and treatment services to individuals 65 years of age and older or adults under 65 years of age with a cognitive impairment. The approach aims to help the individual and their family maintain autonomy in their own home for as long as possible.

In order to access the Memory Clinic you must have a referral from your doctor. Those who do not have a family doctor can apply for services through the home care desk at the Chandler CLSC.

Services offered include:

- · Assessment by a nurse clinician;
- Neuropsychological assessment (diagnosis of fitness, assessment of financial and/or automotive capacity);
- · Assessment by the geriatric outpatient clinic physician;
- Pharmacological evaluation;
- · Follow-up by a social worker;
- Follow-up by an occupational therapist;
- Follow-up by home care;
- Help and support for caregivers;
- · Information, help and referrals related to legal aspects, driving;

For any other information, please contact (418) 689-2572 ext. 5051.



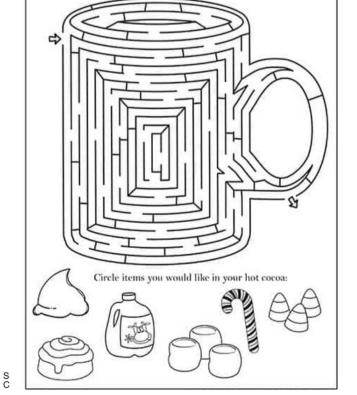
Activity Corner

JANUARY WORD SEARCH

YSVCMETANREBIHN LEDAIUILEEDSERS PCRNTRSEHLRDAEE AAAITRYEOEIRCSP RLZSERACTREAAOT KPZENBDNATHORLB ASAIREYIBNUE STWLMQQCWATE BKPSOAUSYOT LMHIIIT TRTLZURRSONR ITSRIFNE EFLUDTMTHE 1 MTKLPEVERGREENT CMSIRFEZRMCTGER

Cold Parka Fireplace Holidays Snowboard

Winter First Blizzard Icy Mittens Flu Garnet Carnation Resolution Skate Quilt Thermomete Evergreen Ski Hibemate



Hot Cocoa Maze

