

BULLETIN FOR HEALTH AND WELLBEING

ACCOMPANIED RENT SUPPLEMENT PROGRAM



The objectives of the program are:

- facilitate access to affordable, safe and healthy housing, combined with support and accompaniment adapted to people's needs;
- promote the residential stability of people, their maintenance and their integration into the community;
- improve people's living and health conditions;
- enable people to reduce their housing costs and meet other essential needs more adequately.

Who is this for?

- Youth & adults 17+ who have mental health issues and/ or are homeless or at risk of homelessness. (Unstable housing)
- Low income
- Registered in the register of applications for low-income housing or meeting the criteria for registration for low-income housing.
- Have the ability to meet their basic needs, particularly those related to personal care and routine household tasks, independently or with the help of external support or a caregiver.

Contacts Adults:

Côte-de-Gaspé

Kevin Lavoie, chef des services santé mentale, dépendance/itinérance, services psychosociaux généraux

kevin.lavoie.ciasssgaspesie@ssss.gouv.qc.ca

Rocher-Percé

Rachèle Dupuis, chef de services santé mentale, dépendance, itinérance, services sociaux généraux et PETRAAS

rachele.dupuis.ciasssgaspesie@ssss.gouv.qc.ca

Contacts youth :

Marie-Claude Bourdages, coordonnatrice du programme jeunesse – hébergement

marie-claude.bourdages.ciasssgaspesie@ssss.gouv.qc.ca

THIS ISSUE

• ACCOMPANIED RENT SUPPLEMENT PROGRAM/ PROGRAMME DE SUPPLÉMENT AU LOYER AVEC ACCOMPAGNEMENT

• THE CRRI - CENTRE FOR HEALING, REINTEGRATION AND INTERVENTION (CENTRE DE RESSOURCEMENT, DE RÉINSERTION, ET D'INTERVENTION)

NEXT ISSUE

• TELEHEALTH

• TRAVEL 4 HEALTH TOOL KIT

References :

<https://www.ciasss-gaspesie.gouv.qc.ca/soins-et-services/itinérance-et-instabilité-residentielle/services-offerts/>
<https://crrigaspe.com/>

THE CRRI -CENTRE FOR HEALING, REINTEGRATION AND INTERVENTION

Mission of the CRRI

To enable people with needs (mainly in the areas of interpersonal skills) to receive support in order to promote their autonomy, i.e., to meet their own needs. This mission is aimed at an adult clientele with varying degrees of need, from those with clearly identified mental health needs to all other members of the community.

Services

- One-to-one meetings
- Group sessions
- Community meals
- Collective kitchen workshops
- Transitional community housing

Contact info:

230 rue Wayman

Gaspé, Québec, G4X 0G1

Tel. : (418) 368-1655

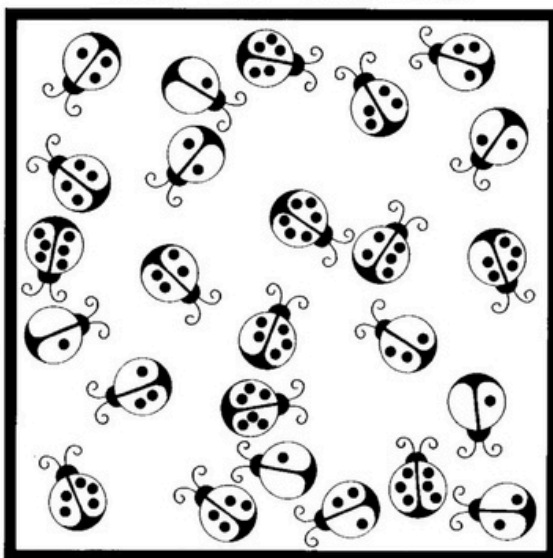
coordination@crrigaspe.com



Activity Corner

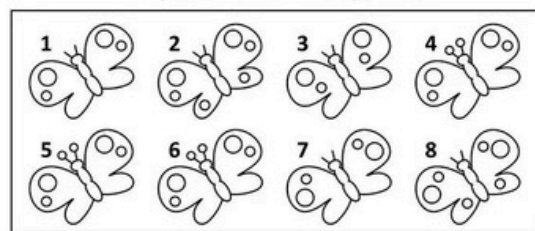
LOVE BUGS

ALL OF THE LITTLE PESTS IN THIS PUZZLE ARE WEARING FROM ONE TO SIX SPOTS ON THEIR BACKSIDES. YOUR CHALLENGE IS TO MATE SIX PAIRS OF BUGS. MATING IS ACCOMPLISHED BY DRAWING A STRAIGHT LINE WHICH CONNECTS TWO BUGS HAVING THE SAME NUMBER OF SPOTS. TWO BUGS OF EACH SPOTTED QUANTUM MUST BE MATED. NO LINES OR BUGS MAY BE CROSSED OVER IN SOLVING THIS PUZZLE.



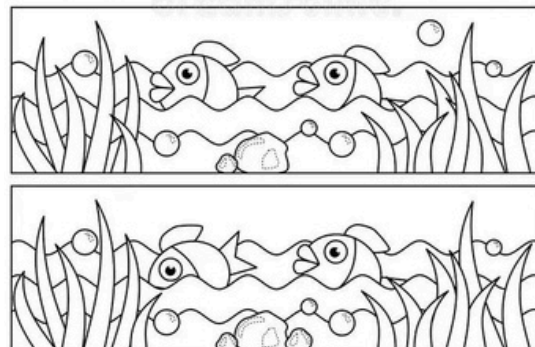
SPOT THE TWINS

Can you find two identical pictures?



FIND 5 DIFFERENCES

Try to spot five differences between the two pictures.



Health
Canada

Santé
Canada